Resources: Primary Programs Sample Book List


New readers will discover new sights, sounds, smells and flavours from agriculture and in turn learn how agriculture enriches and nourishes their own lives and that of their community.


Discover how milk, yogurt and cheese are made and used, and how milk gets from the cow to the table. Includes recipes and craft ideas.


The story of Sal and her mother as they go out into the country to pick blueberries, and a bear and his mother as they go to eat berries from the other side of the same hill.

Bread & Jam for Frances by Russell Hoban and Lillian Hoban. HarperCollins, 0064430960

Classic story of a little girl who will only eat her favourite food: Bread & Jam.


Baking bread, sharing bread, eating bread explored through full-colour photographs from around the world. Uses minimal text.

Bee-bim Bop! By Linda Sue Park and illustration by Ho Baek, Sandpiper, 2005. ISBN 0547076711

Through rhyming text, a hungry child tells her story of how she and her mother make bee-bim bop, a Korean traditional dish.


A book of months celebrating the pleasures of eating chicken soup with rice.


Chibi is ignored by his classmates. He spends recess alone and eats his rice ball at lunch all alone, until one day a new teacher discovers Chibi’s talent for observing nature and his ability to imitate the different calls of crows.


It’s time to go apple picking! Visit the apple orchard to learn all about apples: how they grow, the best way to pick them, and how to make delicious apple cider.


When the eye of a potato grows into the biggest potato in the world, a farmer must call for reinforcements to pull the vegetable out of the ground.


As Carrie goes around her neighborhood on a rainy day she finds that everybody is baking bread… from Barbadian coconut bread to chapatis from India. Includes recipes.
As she searches her multicultural neighborhood to find her younger brother, Carrie discovers all the different ways people prepare rice.

Describes in photographs and brief text the steps involved in making pasta.

Goldilocks and the Three Bears (various editions).
A tired, hungry Goldilocks finds the home of three bears where she helps herself to a bowl of porridge and then falls asleep.

Green Eggs & Ham by Dr. Seuss, Random House, ISBN 0394800168
Kids love Dr. Seuss's wacky rhymes and whimsical illustrations they might even be so moved as to finally take a taste of their broccoli.

Intensely coloured graphics capture the complete growing process from seed to cooking pot, with a focus on the plants.

The white shape silhouetted against a blue background changes on every page. Is it a rabbit, a bird, or just spilt milk? Children are kept guessing until the surprise ending.

The little red hen does the daily chores without any help from her friends. After she plants, harvests and prepares wheat to make bread, everyone is able to help eat the fresh bread.

Check Nursery rhyme collections: eg. Humpty Dumpty, Pease Porridge Hot, Jack and the Beanstock.

This book incorporates a wonderful story with beautiful illustrations, and math concepts.

Lily and Salma are friends who like different foods. Can they learn to enjoy the other’s food?

Includes popular children’s titles with storyline, circle time presentation, story stretcher for art, cooking, snack time and more.

When Strega Nona leaves Big Anthony alone with her magic pasta pot, he is determined to show the townspeople how it works.

Readers explore shapes through a shaped die-cut followed by discovering the edible answers.